

GRAPENE

VISITACION VALLEY

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SERVING OUR COMMUNITY

AUGUST 1998

Community Meeting to Revitalize Leland Avenue

by Gerry L. Galvan

After a year of strategic planning, Visitacion Valley's revived merchants association, finally found itself off the ground with an official endorsement by Mayor Willie Brown, who made his endorsement public during the Leland Avenue Community Meeting on July 23 at the Visitacion Valley Community Center (VVCC).

Brown was joined by a host of other City officials, including Supervisor Mabel Teng, and Stuart Sunshine, director of Parking and Traffic Stewart Sunshine, who were each asked questions concerning the revitalization of Visitacion Valley by a panel of local community representatives.

In an introductory speech to a large gathering at the VVCC gymnasium, Brown explained that San Francisco is a community made up primarily of unique neighborhoods with individual characteristics and needs. He said that both the Mayor's Office of Housing and Community Development, as well as the Police Department, have been instructed to focus on Visitacion Valley in creating "as attractive and interesting a community as you want to make it."

Brown emphasized the need for a revitalized Valley Merchants Association, and that local surveys of residents and merchants conducted last year were vital in providing information about the needs of the neighborhood. Based on those surveys, the Community Design Center drafted attractive renderings of what the Visitacion Valley business corridor could look like.

But Brown warned, "None of this can happen, however, without full and complete citizen participation. And that's every citizen—not just a select group of citizens."

"This is bringing government to your doorstep," he said. "Take full advantage of it. Ask every question...make every suggestion...extract whatever you need to extract."

The July 23 meeting came two weeks after an exploratory issue discussion at Bank of America on Leland Avenue where leaders and proponents of the new Merchants Association mapped out plans for the July 23 gathering. Meeting facilitators Delores Logan and Vincent Chao discussed the background of the Leland Avenue Revitalization Project, while Chao later drew a picture of the Merchants Association's history, goals,

See Page 5



Mayor Willie Brown introduced a plan to revitalize Visitacion Valley during the Leland Avenue Community Meeting on July 23. Major improvements to the neighborhood will include more police presence, better street lighting and expanded public transportation.



Neighborhood residents filled the gymnasium at Visitacion Valley Community Center on July 23 for the Leland Avenue Meeting.

SFUSD Reading and Math Scores Rise for Sixth Year in a Row

Students in the San Francisco Unified School District (SFUSD) continue to show significant academic improvement on test scores for the sixth consecutive year.

On the Comprehensive Test of Basic Skills (CTBS), students exceeded the national average for the third year in a row. District-wide, SFUSD student reading scores rose to 51.8 on the Normal Curve Equivalent (NCE) scale for the 1997-98 school year, registering a net gain of 1.2 NCE over the 1997-98 scores. In math, SFUSD students scored 56.7 NCE, registering a net gain of .8 NCE over last year.

Superintendent of Schools Bill Rojas attributed the positive results to a quality teaching and staff workforce, smaller class sizes at the lower grades, extended school days in the middle and high schools and SFUSD's high-quality professional development program.

"Ongoing professional development is a major factor in raising the academic levels of all students," explained Rojas. "Class size reduction is also providing an excellent investment strategy for student achievement. Our second and third graders are performing above national average in both reading and math. These higher scores will definitely pay off as the students move through the grade levels and prepare to attend college."

SFUSD has documented student achievement based on the CTBS for more than a decade, allowing the Dis-

trict to chart how its students are doing over time. This data is used by educators to accurately evaluate teaching methods and results. Analysis of SFUSD's test scores continue to show the following positive trends:

* Students who have completed English Language Development and Bilingual Education programs outperform their monolingual peers, a tendency, a tendency also evident on test scores statewide;

* The number of students in the highest performing quartile increased, while the number of students in the lowest performing quartile decreased;

* Students in all ethnic groups improved over their 1996-97 CTBS results.

In addition to this year's CTBS test, the SFUSD administered the Stanford Achievement Test, known as the SAT-9. State officials wanted a means to compare how schools are doing across California. SFUSD students outperformed their peers statewide in all grades and subject areas. Nonetheless, controversy and confusion surrounded the Statewide Testing and Reporting Program (STAR), due to the fact that school districts were required to administer the test in English only—contrary to sound educational theory and practice.

The California Superior Court upheld SFUSD's position to exempt Limited English Proficient (LEP) students who have less than 30 months of English in-

struction. The SFUSD did test 7,728 students (6298 with more than 30 months of English instruction and another 1,430 students with less than 30 months, based on teacher or parent recommendation). The District did not test 5,704 LEP students who had less than 30 months of English.

While a State Supreme Court judge ruled that the scores of LEP students tested with less than 30 months may not be used for academic decision-making purposes, some policy makers are now trying to use the artificially low test scores of LEP students throughout the state to justify their call for holding students back, school sanctions and vouchers.

Light Rail Project Workshop in Valley

Light rail will change Third Street, bringing a new and improved look from King Street all the way to Visitacion Valley. In June, Muni began working with a team of architects and artists to design light rail stations and shelters, as well as other new streetscape elements.

On Sept. 9 during a 7 p.m. neighborhood workshop at Schlage Lock, 2401 Bayshore Blvd., Muni's design team will present alternative design concepts for each neighborhood, based on suggestions from the previous workshop. Call the project hotline at (415) 703-6655 for more information.

Three Developments Will Bring New Housing to Visitacion Valley

by Judith Sondoval

In February 1995, the City of San Francisco and HUD executed a Memorandum of Understanding (MOU) as a plan of action to create investment and change in Visitacion Valley.

Among the commitments of the MOU, the City and HUD agreed to demolish Geneva Towers, rebuild housing on several sites and assist housing developers in the Valley to assure that an absolute minimum of 30 percent of the trainees, employees, contractors and subcontractors be residents of the Valley, with priority given to the former Towers tenants and Sunnydale residents.

There are three housing developments being constructed in the Valley at the present time. Heritage Homes (formerly Geneva Towers), John King Senior Housing, and the Britton Street Site. Currently, all three housing developers meet monthly with the City to coordinate the three projects, around issues such as local hiring, spearheaded by Visitacion Valley Jobs, Education and Training (VVJET), and child care.

Presently, no applications are being given out; the applications will be available in the summer of 1999. If you would like to be on a list for housing information, please call (415) 553-6360.

Following is an update on the three sites.

HERITAGE HOMES

Project sponsors are Geneva Valley Development Corporation (GVDC) and Mercy Charities Housing California. The contractor is James E. Roberts-

Obayashi Corporation. The development will be composed of 148 family housing units, a community center, a maintenance building and a child care facility that holds 45 children. The Village, now housed at 333 Schwerin St., will be rebuilt on the Heritage site.

There will be 24 four-bedroom units, 64 three-bedroom units, 41 two-bedroom units, and 22 one-bedroom units. Construction is proposed to begin in October of 1998 and occupancy should approximately be ready by January of 2000.

JOHN KING SENIOR CENTER

Project sponsors are Mercy Charities Housing California, Housing Conservation and Development Corporation and John King Senior Center; the contractor is James E. Roberts-Obayashi Corporation.

This development will be composed of 90 one-bedroom units of low-income senior housing, a senior service center, child care facility that holds 40 children, and a manager's unit. Construction will begin in the spring of 1999 and occupancy should approximately be ready by late summer of 2000.

BRITTON STREET SITE

Project sponsor is Housing Conservation and Development Corporation, the contractor is Nibbi/Lowe. This site is composed of 92 units of family housing, a community center and a child care center that holds 40 children.

There will be 63 two-bedroom units, 21 three-bedroom units and 8 four-bedroom units. Construction will begin in August of 1998 and occupancy should approximately be ready by fall of 1999.

Grant to Benefit City's Neighborhood Parks

Friends of Recreation and Parks has granted \$100,000 to San Francisco's neighborhood parks, announced Michael J. Fleming, president, amending the \$50,000 granted last year.

The Neighborhood Park Grants are available to community groups or individuals interested in improving their neighborhood parks for special projects, programs, events or physical improvements. Awards are between \$1,000-\$10,000.

The purpose of these grants is "to build a sense of community around parks on an ongoing basis," said Donna Ernstson, Friends executive director.

"Working with neighbors of all ages on park activities solidifies positive feelings in communities. Convening in the parks adds aesthetic, creative and athletic elements to that cooperation. Everyone wins."

New proposals can be submitted to local park supervisors or to Friends through Friday, Sept. 4. The project must create an enhancement for a neighborhood park, either physical or programmatic, and must include a "match" either in cash or in-kind goods or services. In addition, it should serve as a model of collaboration with the San Francisco Recreation and Park Department.

Examples of successful proposals include the construction of planter boxes for a children's gardening program; a series of volunteer work days supported by community barbecues; and development of a native plant propagation area with interpretive signs.

"These are just a few ideas, but anything that makes your park a better place is eligible for funding," said Mike Nicoson, project manager at the Friends.

More New Homes on Hester Avenue



Construction of new housing continues along Hester Avenue and just north on Lois Lane, a new adjacent Valley street.

Grapevine
MailboxSchool District Explains
Bilingual Education

Following are two letters sent July 22 from San Francisco Unified District Superintendent Waldemar Rojas concerning bilingual education in City schools.

Dear Parents and Members of the San Francisco Community:

Many people have expressed questions and concerns regarding what will happen to bilingual education in the San Francisco schools under Proposition 227. I would like to take this opportunity to explain how the San Francisco Unified School District (SFUSD) is able to comply with Proposition 227 and still offer high quality bilingual education programs.

The SFUSD is in a unique position because it is under a Federal Court Order, known as the Lau Consent Decree. This requires our District to provide limited English-speaking children with the programs it currently offers so that they will have equal access to the core instructional program (math, social studies and science) while they are learning English.

It is important for you to know that our decision to continue our bilingual programs is not an act of defiance. To do less would be in violation of the Lau Consent Decree, which in addition to Proposition 227, must be followed. Consequently, the District will continue to offer a variety of programs for its English Language Learners as well as the "structured English immersion" model required under Proposition 227. No student will be placed in bilingual education or any other program if it is not desired by the parents.

If you have any further questions or concerns, please direct them to Dr. Rosita Apodaca, Assistant Superintendent.

Don't Let Your Glass Go to Waste

by David Assmann,
Senior Administrator
San Francisco Recycling Program

Did you know that the glass bottle you used this morning could have glass in it that was first manufactured during the Gold Rush? That's because the recycling of glass has gone on for hundreds of years.

Glass manufacturing is one of the oldest of human industries. People have been making glass for more than 3,000 years. You would expect that, since we've been making glass for so long, that we'd be surrounded by mountains of old glass. But, fortunately, glass, made primarily from sand, soda ash and limestone, is one of the easiest materials to recycle. In fact, the process for manufacturing new glass actually requires already used glass.

Glass recycling itself is a straightforward process. Used glass bottles and jars are mixed with raw materials and heated in a melting furnace up to 2800 degrees Fahrenheit. The molten glass is then shaped in a forming machine and turned into new glass products.

Not only is glass easy to recycle, but it can be recycled indefinitely, and it is recycled right here in the Bay area. We currently recycle almost 20 million pounds of glass a year in San Francisco through the curbside and apartment recycling programs alone—which means we are recycling slightly more than half of all glass used by residents. While this is higher than the national average, this still means we send more than 19 million pounds of glass to the landfill every year.

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dent in charge of SFUSD's Language Academy and Other Bilingual Programs at 300 Seneca Avenue, San Francisco, CA 94112. Any urgent situation may be addressed by phone: (415) 469-4000, or fax: (415) 239-1837 or e-mail: rapodac@muse.sfsd.k12.ca.us.

I hope this clears up any questions you may have had. Please be assured that the SFUSD is committed to providing all of its students with well-trained teachers in a safe and positive learning environment so that each student may succeed in school.

Sincerely,
Waldemar Rojas
Superintendent of Schools

To SFUSD Teachers, Staff and Other Interested Stakeholders:

The Board of Education and I want to explain how the San Francisco Unified School District (SFUSD) will provide the language programs the District currently offers and their future status in light of the passing of Proposition 227. SFUSD is legally required by the United States District Court for the Northern District of California to implement a master plan for bilingual/bicultural education. This court order, known as a consent decree because the parties agree to its terms, was entered by the Court on May 30, 1976 for the language minority students of the SFUSD. The U.S. District Court Consent Decree in the Lau case requires the SFUSD to be in compliance with its order.

The *Lau Consent Decree* was an outcome of the United States Supreme Court case known as *Lau v. Nichols* which SFUSD lost 24 years ago. The San Francisco District was sued for its failure to provide special programs to help Chinese students, who were of limited English-speaking ability, learn English and for its failure to provide equal access for these students to the school district's core instructional program.

It is important for you to know that our decision to continue our bilingual programs is not a delinquent act against

Proposition 227. Because SFUSD is required to comply with the Consent Decree, it also has the latitude to provide students with equal access to core instruction through existing programs. SFUSD's policy pledged to the Court in 1975 is as applicable today as it was then.

As the student is dependent upon language for the acquisition of knowledge and skills in content areas such as the social sciences, mathematics, and the natural sciences, instruction should be provided in these areas in the student's native language until he is able to function in an English oriented setting. The student must also be offered an opportunity for a continuing development of his first language and culture at all grade levels.

Consequently, the District will continue to offer the selection of programs that currently respond to its English Language Learners as well as adding the option of "structured English immersion" model required by Proposition 227. SFUSD will continue to offer the following programs to those desirous of them.

1. **Dual Language Enrichment: K-12:** a bilingual program with gradual movement to all English instruction. An enrichment class of primary language may be continued after transition to all English program. This program is available in Cantonese/English, Spanish/English, and Filipino/English.

2. **Two Way K-12:** a bilingual program where English Language Learners and fully English proficient students learn English and another language. This program is available in Cantonese/English, Spanish/English, and Korean/English.

3. **Total Immersion K-5:** a bilingual program where English proficient students learn in English and another language. This program is available only at Alice Fong Yu in Cantonese/Manarin/English.

4. **Intensive English K-12:** an all English program that utilizes ESL and SDAIE methodologies to provide instruction in English and content areas such as science, math, and social studies. This program provides students

with a gradual movement to the general English curriculum. Classrooms may have a teacher assistant that can provide directions in the language of the students.

As a result of Proposition 227, Title 5 California Code of Regulation, Division 1, Chapter 11, English Language Education for Immigrant Children requires that all school districts in California offer structured English immersion, a 180-day program that is overwhelmingly in English. English Language Learners are provided with a structured approach in a sheltered setting in order to acquire "a good working knowledge of English" prior to moving to an English language mainstream classroom. A student who has not achieved a reasonable level of English proficiency as measured by any of the state designated assessments approved by the California Department of Education, or any locally developed assessments, may be reenrolled in this program only with parent permission. Clearly, the Proposition 227 program is an emerging design that we will carefully implement and monitor.

We want to assure our parents and teachers that we are complying with our Consent Decree as well as with Proposition 227. No student will be denied the option of structured English immersion and no student will be placed in Bilingual Education or any other program when it is not desired by the parents.

As it is the option of our attorneys that we must comply with all laws, including Proposition 227, and the *Lau Consent Decree*, we will be working closely with them to resolve any issues that might arise during implementation.

Please send your questions and concerns to the Language Academy and Other Bilingual Programs. Dr. Rosita Apodaca, Assistant Superintendent in charge of all language programs, will be pleased to respond to your inquiries via e-mail, fax, or letter. Fax Hotline: (415) 239-1837, E-Mail: rapodac@muse.sfsd.k12.ca.us, Address: 300 Seneca Avenue, San Francisco, CA 94112.

Any urgent and important situations

may also be addressed by phone at (415) 469-4000 or in person.

We ask our teachers to provide a quality education that is comprehensible to our English Language Learners. The academic achievement of the graduates from bilingual education is quite promising. They are scoring at or above grade level in mathematics and reading. While, English Language Learners in our programs are making significant gains, we want to improve our record by ensuring that these students achieve at their maximum potential. Our students can do it because our teachers pledge to educate well with appropriate responses aligned with the desires of our parents.

We ask for your continued support and cooperation. Do not hesitate to contact us with your concerns.

Sincerely,
Waldemar Rojas, Ed D
Superintendent of Schools

Housing Tenants
Should be Informed

While going through the web site, I came across the Welfare-to-Work program and I was astounded to see that this program has been in existence since 1968. I would like to know why we have more unemployed single mothers now if this program was in effect back in 1968?

I continued to look and came up with a lot of information that I feel the tenants of low income housing projects do not know about. I have talked to many Sunnydale residents and they never heard of this program. Information is not made ready for the tenants of the many housing projects.

Also, I have seen what money can do when it is not handled properly. Trying to fight the system is a hard job to do alone but I will continue with my ideas for the tenants who reside in the Housing units. If you would like me to explain it more, contact me through E-mail at: mustang195@juno.com

Thank you very much for your time,
Joann Sereal

See Page 7

- Reduce the number of phone books you receive by calling Pacific Bell at 1-800-848-8000

- If you have no recycling program at work, each person should take home some old phone books to recycle.

- Contact your garbage pick-up service provider at 330-1370 or 626-4000, to participate in the **Small Business Recycling Program*** (ie. phone books, office paper, cans, bottles & cardboard; also plate glass, clean wood, produce & floral waste.)

- Things you can do NOW in the office:
Use both sides of paper for copies and faxes
Bring your own mug for coffee

- Call 554-3400 for recycling directories, list of recycling centers, and a starter kit.



* This free service is provided only in certain areas in the City, call to find out if your area is being serviced

Before The 1.2 Million Phone Books Arrive...

**San Francisco
RECYCLING
PROGRAM**
554-RECYCLE
www.sfrecycle.org

Tips for small businesses on how to save the environment

Recycling glass makes sense. It saves resources and landfill space, reduces pollution, and helps provide jobs right here in the Bay Area.

City College Trustees Approve Financing For New Campuses

San Francisco City College certified Environmental Impact Reports (EIRs) on July 21 and approved bridge financing for two new college campuses in the Mission District, and the Chinatown and North Beach neighborhoods. Both campuses currently serve approximately 14,000 students.

The two new permanent campuses will provide day and evening educational opportunities for current and future students in these communities.

"These two campuses are essential for City College to fulfill its mission of providing students of all backgrounds and cultures access to affordable, high-quality educational programs," said Rodel Rodis, president of City College Board of Trustees. "Both of these campuses will be major community assets that will bring top-notch educational programs and services to the residents of the Chinatown, North Beach and Mission communities."

Both campuses have widespread community support. The new Mission Campus will be located on Mission Street between 21st and 22nd streets, and will allow City College to significantly increase student enrollment in the Mission District. It will include 50 classrooms, 10 learning centers, a multipurpose room, a performing arts hall and parking for up to 110 vehicles.

The new Chinatown/North Beach Campus will be located on Columbus Avenue at Washington Street. Currently, the campus is spread out among a leased building at 940 Filbert St. and 12 smaller satellite locations. When completed, the new consolidated campus will include 52 classrooms, a multipurpose room, library, computer labs, an academic counseling center and up to 114 parking spaces. The building will be eight stories high, a height that the City had previously approved for a proposed office building on that site.

"For years, our Mission and Chinatown/North Beach students have had to endure cramped classrooms in outdated facilities," explained Rodis. "We are looking forward to finally offering our students safe and appropriate facilities that they need to achieve success as they prepare to enter the job market."

Bridge financing, which is being arranged through the issuance of \$8.4 million in *certificates of participation*, will allow City College to purchase both sites. Bridge financing was necessary because general obligation bonds approved by voters in 1997 for City College has been tied up in litigation challenging the 49ers stadium election. Until that lawsuit is resolved, bonds approved by voters on the June 1997 ballot can not be issued.

Rodis also noted that City College is committing itself to a comprehensive affordable housing plan and program for relocating residents who will be displaced by the project. It is expected that no resident will be displaced for five years, while the College seeks state funds to construct the new campuses.

"These campuses are about the future of San Francisco," said Rodis.

Photography Slide Show

There will be a slide presentation and lecture on Preservation and Historical Uses of Photography by Philip Adam on Sept. 8, 8 p.m. at 3333 California St.

Last Remains of Geneva Towers Get Hauled from the Valley



A small section of the south wall is all that remains of the Schwerin Street building of Geneva Towers in these pictures from late July and early August taken near the corner of Garrison Avenue. A shovel continued to fill truckload after truckload of

fragmented concrete (top left) while the pile behind the former Schwerin tower (top right, bottom left) grew smaller by the day. Trucks continued one after another (bottom right) hauling rubble away to be recycled for other uses.

Valley Woman Dies After Hit-and-Run

A hit-and-run accident in the Excelsior District on July 16 claimed the life of a Visitacion Valley woman.

Rizalyne Melad, 18, a recent graduate of Philip and Sala Burton High

School, was crossing Geneva Avenue at Madrid Street in a crosswalk when struck by a car that did not stop. Another motorist attempted to pursue the vehicle as it sped away.

Community Working Group Committee Meeting for the Household Hazardous Waste Collection Facility

Minutes of July 22, 1998, 7 p.m.

Present: Don Bertone, Little Hollywood Resident; Sanitary Fill Company, Brad Orda; Sanitary Fill Company, John Legnitto; City of San Francisco, Maisha Reed; City of San Francisco, Karen Strandoo; Sanitary Fill Company, Tom Watkins.

I. Reviewed and discussed photographs of the Household Hazardous Waste Transfer Station Inspection by the Department of Public Health. Tom Watkins presented slides of three violations cited in the inspection that were corrected immediately during the inspection. The Household Hazardous Waste Facility was given 24-hour notice of the inspection.

II. Brad Orda presented a draft of a direct mail notice that Sanitary Fill Company will send out to Little Hollywood residents outlining the requirements of the Neighborhood Emergency Response Training. Don Bertone will collect the names of 20 residents and submit them to the Fire Department, in order for the Fire Department to conduct the training. Don Bertone mentioned that he would investigate possible meeting places for the training to take place.

III. Brad Orda announced that there will be an evacuation drill at the Transfer Station on July 30 at 2:00 p.m. and invited residents to come and observe.

IV. Maisha Reed and Karen Strandoo gave a brief update on the pilot curbside used oil program that will soon be serving residents in areas with high rates of illegal oil dumping. If there are any questions on the curbside used oil program, contact Maisha Reed at (415) 554-1652.

V. Don Bertone stated that much of the business discussed in this meeting could be handled by memorandum. Tom Watkins suggested that a proposed agenda be written and sent out to concerned residents by July 13, and if they decide a meeting is necessary, one will be scheduled on October 21 at 7:00 p.m. To discuss the need for a meeting, call Maisha Reed at (415) 554-1652.

Remembering Gil Lopez

by Hilda Gutierrez Baldoquin and Nancy Hopson

Gil Lopez, long-time and devoted community member, died July 3, 1998 in his home. He had lived exactly 64 years to the day.

Personally, I am experiencing the loss of a great friend, soul brother, activist, Community Boards mediator and trainer, and Motown music dancer supreme, Mr. Gilbert J. Lopez. The power of Gil's love commitment and community will be felt for years to come.

Gil and his legacy will always be with us, since in African tradition, as long as his name is spoken, he is present.

Visitacion Valley also will miss him. As part of Community Boards, Gil served as a trainer for the Visitacion Valley Task Force. He unfailingly modeled the respectful attention that he deeply believed we all owe to each other.

Museum Expands Schedule to Six Days a Week

Thanks to the Essey Family Foundation, the M.H. de Young Museum in Golden Gate Park is now open to visitors six days a week from 9:30 a.m. to 5 p.m. Tuesday through Sunday.

"This extra day will allow San Franciscans more time to visit a cultural treasure," noted Director of Museums Harry Parker, "while increasing the attendance revenues that are vital for our survival. Furthermore, Tuesdays will become heavy visitation days for school children and other educational groups."

The de Young's sister museum, the California Palace of the Legion of Honor, is also open Tuesday through Sunday.

San Francisco's oldest museum, the de Young Museum dates to the 1894 Midwinter Exposition. It has become the home of the most comprehensive collection of American paintings on the

West coast, as well as major collections of art from the pre-Columbian Americas, African art, art from Oceania, and the world renowned collection of textiles. Recent acquisitions focus on

paintings and sculpture by contemporary Bay Area artists. The de Young Museum also maintains a permanent exhibition for children, Gallery One, the only on-going installation of its kind in the United States.

Located at 75 Tea Garden Drive in Golden Gate Park, on the Music Concourse next to the Japanese Tea Garden, the museum has extended hours to 8:45 p.m. on the first Wednesday of the month. (There is no admission charge on First Wednesday.) Admission to the museum is \$7 for adults, \$5 for seniors 65 and over, and \$4 for youths 12 to 17. Children under 12 and San Francisco students with ID (K-12) are admitted free.

Resolution Commends Voting Integrity Project

by Doug Comstock

The Committee to Stop the Giveaway unanimously passed a resolution commending the Voting Integrity Project (VIP) for its assistance to the voters of San Francisco. The resolution also seeks the further assistance of VIP to appeal the ruling of Judge Ray Williamson that effectively halted the citizen initiative to repeal D and F in time to appear on the November ballot. The Committee found that the ruling to be capricious and without any legal precedent.

Since there remains some confusion regarding the appeals and applications to the appeals court the following clarifications are offered:

The Voting Integrity Project, a non-profit public interest group, funded an Election Contest, the original litigation to overturn the stadium/mall vote of June 3, 1997 on grounds it found convincing that the election was fundamentally flawed and illegal. That Contest was ruled untimely by Judge Ray Williamson, who offered no judgement as to its content. That decision VIP has agreed to appeal at its expense.

Finding no satisfaction from the court, the Committee to Stop the Giveaway went to the voters via petition—that effort was also funded largely through the generosity of VIP. The 49ers filed its

lawsuit to repress the petition with the same judge, Ray Williamson, whose unprecedented ruling, should it stand, will require the language of a petition to pass a test of political correctness (the standards of which have yet to be devised). VIP funded the defense against that assault on Free Speech.

Judge Williamson's repression of the petition has not been appealed. Stop the Giveaway has solicited assistance from VIP to fund an appeal on that ruling. We are hopeful that they will do so because the considerable expense of such an undertaking is daunting.

We will continue to collect signatures in spite of the judge's decision on the petition, with the view to our filing date of October 15th to qualify for the next election. Those signatures are still coming in and we encourage people to assist us with that. Though we have the required number, we still need to work on the "cushion" to insure verification when an appeal is successful.

The significant issue in the repression of the initiative to repeal the stadium/mall is Free Speech. The power to petition for redress of grievances is a fundamental power reserved to the people. It is not merely a right.

Senior Health Fair at SFSU

St. Luke's Hospital is sponsoring a free *Back to School Days Senior Health Fair* for senior citizens on Wednesday, Aug. 28 from 9 a.m. to 4 p.m. at the Seven Hills Convention Center at San Francisco State University. Call 641-6465 for more information.

An Award to VVJET for Programs



James Fields of the Human Rights Commission recently presented an award to Visitacion Valley Jobs, Education and Training (VVJET) for both its Minority Business Enterprise and Women's Business Enterprise programs in the employment of former residents of Geneva Towers.

Fitting College into a Busy Schedule

Finally there is a way for you to fit college into your busy schedule. The program is called Telecourses.

City College of San Francisco Telecourses are college credit courses. They are designed for people who can not go to campus every week for 17 weeks because of work and/or family obligations.

The CCSF Telecourse student goes to school only three times during the semester: once for an orientation, once for a midterm and once for a final. All campus meetings are scheduled on a Saturday and on a weeknight, and the student can go to whichever meeting is most convenient. The rest of the time is spent watching the video lessons on cable channel 52, the Educational Access cable channel here in San Francisco.

Because students are watching at home, they have the opportunity to video tape their lessons. This allows the students to watch at their convenience and gives the students the opportunity to review the lessons as often as they want. In addition, all video lessons are on file at the Media Center in the Rosenberg Library on the City College Phelan campus. This truly makes Telecourses much more flexible than a classroom course because students can learn at their own pace.

Most City College Telecourses grant three units of college credit. The cost for a Telecourse is only \$12 per unit. All CCSF Telecourses count towards an AA Degree and many are transferable to a four-year university.

For the fall semester, City College is

offering the following 18 Telecourses: Art 116: Art of the Western World; Art 118: Art America, Art 1: Universe: The Infinite Frontier; BCST 103: Media Waves; Chem 110: World of Chemistry; Eng 48J & 49J: Joseph Campbell Transformation of Myth Through Time; Film 18: American Cinema; Fren 1A: French in Action; Hist 18B: Americas; Hist 4B: The Africans; Hlth 53: Living With Health; Mus (A) Beginning Piano; Photo 5B: Photographic Vision; Physics 10: Conceptual Physics; Psych 1: Discovering Psychology; Smbs 135: Something Ventured; Supv 231: Taking the Lead, and Tha 1: Play, Performance and Perception.

Registration is taking place right now. Orientations for Telecourses will start on Monday, August 24.

For more information about Telecourses or to request a brochure, call the City College Telecourse Office at (415) 239-3885.

Kites to Fill Sky at Golden Gate Park

San Francisco children of all cultural backgrounds are invited to fly kites of their own, or their own making during the annual Multi-Cultural Kite Festival, sponsored by the Friends of Recreation and Parks, taking place Saturday, Aug. 29 from 12 noon until 3 p.m. at the Beach Chalet soccer fields.

"The first 100 children will receive a free paint-a-kite which they can design, decorate and fly in the festival," said Friends president Michael J. Fleming.

St. Luke's Hospital Gives Local Blood Supply Big Boost

In a hugely successful effort to shore up the Bay Area's critical shortage of blood, physicians, nurses, technicians and administrative staff at St. Luke's Hospital donated 98 pints of blood at a recent blood drive by the Blood Centers of the Pacific.

"That's a record," said Sharolyn Kriger, chief operations officer of Blood Centers, who said about 45 pints are gathered at a typical hospital-organized blood drive.

"The St. Luke's blood drive will mean the difference between life and death for patients in our community," said Kriger, whose organization collects, processes and distributes blood throughout the Bay Area. "It was an amazing shot in the arm for the Bay Area's blood supply."

Kriger said that Blood Centers of the Pacific has been working to restock depleted supplies ever since the Tuesday after Memorial Day—traditionally the day of highest demand for blood the entire year.

"The timing for St. Luke's tremendous donation could not have been better," said Kriger.

"St. Luke's Hospital has enjoyed its most successful year in 127 years of operation and we are happy to give back to the community with this blood drive," said Jack Fries, president and CEO of the hospital.

"We want to show people that it's not difficult to give blood; anybody can do it," said Tom Birt, a laboratory technician at St. Luke's Hospital, who worked with Fries to organize the event. Donors were treated to a barbecue in St. Luke's courtyard.

St. Luke's Hospital was founded in 1871 and is dedicated to providing quality health care to Bay Area residents.

For more information on how to donate blood in your community, please contact Blood Centers of the Pacific at 1-800-479-4611.

Garden and Compost Educator Training

Make a difference in your community and gain job skills by participating in the Gardening/Composting Educator Training Program (GCETP).

Open to all San Francisco residents, GCETP educators will work with San Francisco schools, community organizations and home gardeners teaching safe and effective gardening and composting.

Limited to 30 participants, applications are due by Aug. 15. Call 285-7584 for more information.

Town Hall Meeting at VVCC



Dr. Sandra Hernandez, CEO of the San Francisco Foundation, introduces herself at the Town Hall meeting. A translator helped communicate with Cantonese speaking participants representing the Visitacion Valley Asian Association.



From left: Mary Ann Fleming of Family Connections, Fia Carlos Valentino of the Office of Samoan Affairs, and Jane Rogers from the San Francisco Foundation listen to comments during the meeting.



John King, Sr. of the John King Senior Center, Vernon Long of the Village community center, and John King, Jr. discuss their vision of the future of Visitacion Valley.

Nearly 50 residents attended a Town Hall meeting on June 24 convened by the San Francisco Foundation and Village community center at the Visitacion Valley Community Center.

It was one of a series of meetings held throughout the Bay Area as part of the Foundation's celebration of its 50th anniversary.

Teens Participate in Summer Internship at Golden Gate Park

Nida Chandeeing is learning, teaching and working at a summer internship program in Golden Gate Park, sponsored by the Friends of Recreation and Parks.

Along with other Sunset and Richmond teens referred from Enterprise for High School Students, she'll be leading walks and bike tours and taking surveys at the park's newly-renovated West End from 11 a.m. to 4 p.m. Wednesday through Sunday.

As part of their internship, the nine teens will take families, small groups or individuals on nature walks, utilizing Golden Gate Discovery Packs, recently designed by the Friends of Recreation and Parks. The packs include a Super Sonic Ear to hear faraway sounds, telescope/microscope, bug catcher, binoculars, trek belt to tote the equipment, and books to identify the birds, plants, insects and animals of San Francisco.

The packs can also be checked out from Beach Chalet with no charge Wednesday through Sunday by families who wish to explore independently.

In addition to the tours, the Enterprise group is also polling park users to gather attitudes and opinions about the park and its programs. Results of the survey will help direct Friends of Recreation and Parks to provide programming with special events that will attract more visitors to the West End of the park.

Other groups of enterprise teams are creating a small global garden behind the Beach Chalet of vegetables, ornamental flowers and plants appropriate



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RENO TRIPS	HOLIDAY CELEBRATIONS

66 Raymond Ave. 467-4499
Pat Crocker : Director

Judge-Bashing Appears to be a Popular Sport Among Some, But Endangers an Essential Component of American Justice

by William S. Sessions, Chair, ABA Special Committee on Judicial Independence

Lately it seems there have been a spate of media attacks on judges voiced by people who criticize the judicial system to make their own political statements.

Many well known politicians blame judges for the ills of society. Why? Because judges are easy targets, often because they do their difficult job of resolving disputes fairly and impartially in full view of the public. We all know that when law suits are tried in the court, there are happy winners and unhappy losers. Often these losers claim their "loss" was the result of the judge's political views.

Many of these criticisms avoid the real issue, which should be carefully examined, and become unfair, often harsh, criticisms. We sometimes call these accusations "cheap shots."

In today's charged political atmosphere a judge may be unfairly criticized because the accuser has focused on a single political issue and does not like a decision the judge has made. Many times, these judicial decisions have been made when the judge is called on to interpret vague provisions of the law enacted by Congress and state legislatures, and the critic disagrees with the interpretation given to the vague law by the judge.

The American public is not to be trifled with when it comes to unfair criticism. They can see through the objective of the critic. Americans, nationwide, trust the courts, understanding that the founding fathers set up a system of "checks and balances" in order to assure that there would be a non-political third branch in our government to balance the power of the political branches—the legislative and the executive. In doing so, they acknowledged that the judicial system would be particularly vulnerable to political attacks from critics inside the government and outside. The founding fathers were confident that the judicial system could and would survive the flourish.

The power of the state and federal courts, established by constitutions, has earned the respect and support of Americans who understand that many difficult and controversial matters must be decided in a politically impartial manner. The decisions are often naturally controversial because the legal principles upon which they are made flow directly from the constitutions themselves, and constitutions are written in order to survive politically turbulent times. The American people understand that our system of democratic governance, with its independent courts, is much-admired around the world and that many new emerging democracies are modeling their court systems after our system.

Public servants, including judges, should not be above criticism. Their decisions should be analyzed, within the judicial system and without, to ensure fairness and impartiality. Judges' conduct should faithfully and invariably be guided by the requirements of ethics and those of the law. Judge's work product should always be professional and accessible.

Criticisms should be freely expressed by citizens who disagree and dissent and have opinions of their own to express. But—criticism should be based on the actual facts and fairly address the true issues.

Oftentimes the attack is blatant political posturing based on misrepresentation of fact.

America has about 50,000 federal, state and local trial and appellate judges. The judiciary becomes involved in a case only because there is an unresolved dispute and a law suit results. Unlike the legislative and executive branches of government, judges in all situations must make a decision disposing of the dispute. We rarely hear about the millions of cases where the litigants are satisfied with the result and society's best interests are served.

Judges do not work in a vacuum. There are a number of systematic checks over judges that guarantee the correctness of decisions and the integrity of our constitutional system.

The judiciary disciplinary processes, both state and federal, function to ensure that judges act in accordance with existing legal and ethical standards. The judicial selection and tenure processes provide other effective accountability of the judges to the citizens. These checks help assure all of us that the judicial process is fair and impartial, without involving the courts in partisan political activity.

The characterization of a judge as "the worst" or the decision of a judge as "stupid" seems most often to relate to a decision in a particular case with which the critic disagrees. So if a critic favors the death penalty, then any other decision draws the anger of the critic and a harsh and unfair description of the judge.

A judge's responsibility is to handle all phases of the court's business, including trial, in a fair and impartial fashion. Judges must be guided, not by political partisanship, but by the law and the Constitution. All of us want, and should demand, nothing less.

Our responsibility as citizens in evaluating and critiquing a judge's performance should be equally objective—has the judge, in a fair and impartial fashion, dealt with the legal matters before the court in a competent and professional fashion? If not, then criticism is appropriate and the judge should expect to answer for conduct which did not meet society's standards.

Carbohydrates in the Diet

Lately, increased attention has been directed toward the health benefits and potential health effects of carbohydrates in the diet. A report released in April 1998 by the Food and Agriculture Organization of the United Nations and the World Health Organization (FAO/WHO) indicates "no direct evidence to implicate carbohydrates with obesity." The report, *Carbohydrates in Human Nutrition*, is another reminder that a basic nutrition principle still holds true. 55 percent of daily energy should come from a variety of carbohydrate sources. In fact, the report states that carbohydrate foods—typically cereals, sugars, fruits, vegetables and legumes—are useful in many ways to aid in weight loss and to protect against certain diet-related illnesses. Of course the new science does not give consumers freedom to overindulge—it is important to remember that too much of any one nutrient is not sensible, and physical activity is essential to balancing energy needs. The report cautions that "excess energy in any form will promote body fat accumulation."

The FAO/WHO report also addressed the carbohydrate, sugar (sucrose), with regards to nutrition and health. *Carbohydrates in Human Nutrition*, the first comprehensive scientific report in 20 years on sugars, indicated that there is no scientific evidence directly linking sugars with obesity. Furthermore, the report confirmed a 1995 study published in *The Journal of the American Medical Association* that there is no scientific evidence that refined sugar intake has any significant influence on either behavior or cognitive performance in children, nor is there proof that it causes hyperactivity.

The FAO/WHO report did not distinguish between sugars present in foods and sugars added during processing, for example the sugars in an apple and the sugars in a cookie. The panel recommended "elimination of the terms extrinsic (i.e., added) and intrinsic (i.e., naturally present sugars.)"

Oral health was also mentioned in the report and in strategies to decrease dental caries. The authors wrote "Prevention programs to control eliminate dental caries should focus on fluoridation and adequate oral hygiene, and not on sucrose intake alone."

Several recommendations made by the report's scientific experts echo those issued by other leading health authorities, including balanced energy intake with regular physical activity, and the bulk of carbohydrate-containing foods consumed should be those rich in dietary fiber.

Overall, the report concludes carbohydrate foods are important sources of vitamins, minerals and other micronutrients.

Leland Avenue Meeting

From Page 1

past achievements and future expectations.

Framework for the new merchants association was organized last year by the Visitacion Valley Task Force (VVT) in cooperation largely in part with both Jay Smith and Gloria Woo of the Mayor's Office of Community Development (MOCD).

Brown also announced that a July 11 meeting with members of Friends of Visitacion Valley Parks resulted in his instructing the Public Utilities Commission to make six blocks of open space adjacent to Rutland Street known as the Reis Tracts available for parks. The City's Recreation and Park Department, he explained, would also be a participant in transforming the currently empty lots into an attractive Visitacion Valley GreenWay.

"We'll find a way to do it," assured Brown, who said he'll take forward to cutting a ribbon for a future opening.



Prominent local residents asked City officials representing various departments questions about improvements in Visitacion Valley.

VVT APPROVES BYLAWS

After more than a year of debate and revision, the VVT finally approved the organization's bylaws with a majority of the members voting favorably

at 11:07 a.m. to enact the document during a July 25 regular meeting at VVCC.

City Department Commitments from the Leland Avenue Community Meeting

Thursday, July 23, 1998

San Francisco Police Department (SFPD) Representative: Deputy Chief Richard Holder

1. Proposed Ingleside Boundary Change

*The police boundary will be changed in August 1998. The entire Visitacion Valley community will be under the jurisdiction of the Ingleside Police Station.

2. Police Resource Center on Leland Avenue

*A Leland Avenue resource center will be initiated on a demonstration basis. The Sunnydale resource center will be used as a model.

3. Additional Police Staffing for Leland Avenue

*10 new officers will be added to the Ingleside Station by August 9, 1998.

*One Cantonese speaking officer has already been hired.

*In August, 1998, SFPD will be opening recruitment of new officers. Visitacion Valley residents are encouraged to help recruit candidates from the community.

4. Foot/Bicycle Patrol on Leland Avenue

*Foot/bicycle patrol will be part of Leland Avenue resource center.

Recreation and Park Department

Representative: Tony Leung, for Marvin Yee

1. Status of Rehabilitation of the Visitacion Valley Park

*\$420,000 construction will be completed by the end of the year.

*\$1 million "Clubhouse" project pending approval in September 1998.

2. Status of "Greenway Project"

*Working to implement transfer of six lots from Leland Avenue to Tioga—from Public

Utilities Commission to Recreation and Park Department.

Public Utilities Commission, Bureau of Light, Heat and Power

Representative: Dee Lemmon, Street Lighting Engineer

1. Increase Street Light Intensity

*Mr. Lemmon will ask PG&E to increase the wattage on the 13 street lights on Leland Avenue from 150 watts to 200 watts.

2. 56 Bus Extension

*Committed to extending the 56 bus line, provided S.F. Unified School District approves the "turnaround" at the Visitacion Valley Beacon (450 Raymond Ave.) site.

Community involvement is needed.

Department of Parking and Traffic (DPT)

Representative: Stuart Sunshine, Executive Director (For information: 554-PARK; Zone/

signs: 554-2300.)

1. Survey of Parking Needs

*Mayor has allocated money for an "off-street" parking study. DPT needs community support.

2. Regular Schedule for Parking Control Officer

*Officers have recently been hired and more will be hired.

3. New Trees

*With the Sheriff's Department, a survey has been initiated.

4. Regular Schedule for "Green Machine"

*Committed to providing for Leland Avenue in the future.

Mayor's Office of Economic Development

Representative: Hala Hajazi, for Kofi Bonner

1. Access to Working Capital and Facade Improvement Loans

*Facade improvement matching grants program.

2. Recruitment of New Businesses

*Information regarding Leland Avenue will be included on a website, to market Leland Avenue as a potential location for businesses.

Public Transportation Department

Representative: PJ Johnson, for Emilio Cruz

1. Light Rail Station on Leland Avenue

*In 2003, two stations; one at Sunnydale and one at Arleta and San Bruno.

2. 56 Bus Extension

*Committed to extending the 56 bus line, provided S.F. Unified School District approves the "turnaround" at the Visitacion Valley Beacon (450 Raymond Ave.) site.

Community involvement is needed.

Department of Parking and Traffic (DPT)

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signs: 554-2300.)

1. Survey of Parking Needs

*Mayor has allocated money for an "off-street" parking study. DPT needs community support.

2. Regular Schedule for Parking Control Officer

*Officers have recently been hired and more will be hired.

3. Need for Yellow Zones

*Process has begun.

4. Regular Schedule for "Green Machine"

*Committed to providing for Leland Avenue in the future.

Mayor's Office of Economic Development

Representative: Wendy Nelder, Director

1. Street Logo Sign in Multiple Languages

2. Street Light Baskets

3. Information Kiosk

*All of these are possible. Paperwork is needed.

4. Facade Improvement Matching Grants Program

*And perhaps murals can go up and an archway built to welcome people to Leland Avenue.



The San Francisco Police Department will accept applications for the Police Officer Examination on August 28, 31 and September 1-4, 1998 from 8:30 a.m. to 4:30 p.m., at 44 Gough Street, 850 Bryant Street, 17 Walter U. Lum Place and at District Police Stations in San Francisco.



Match quotes to speakers.

1 "There is no avoiding war. It can only be postponed to the advantage of others."

2 "I am not an adventurer by choice, but by fate."

3 "There is only one step from the sublime to the ridiculous."

4 "If you want to know about a man, you can find out an awful lot by looking at who he married."

5 "A poet can survive anything but a misprint."

6 "Science is all metaphors."

7 "I hate housework. You make the

beds, you do the dishes--and six months later you have to start all over again."

8 "That's what show business is--sincere insincerity."

9 "Consumers are statistics. Customers are people."

A Timothy Leary

B Joan Rivers

C Niccolò Machiavelli

D Stanly Marcus

E Benny Hill

F Kirk Douglas

G Napoleon Bonaparte

H Vincent Van Gogh

I Oscar Wilde

6-A, 7-B, 8-E, 9-D

Answers: 1-C, 2-H, 3-G, 4-F, 5-L

This Month in S.F. History

AUGUST

1 In 1849, John W. Geary became San Francisco's last American alcalde. One year later, the former local postmaster, who had served as a colonel in the Mexican-American war, became the City's first mayor. In 1881, a U.S. Quarantine Station was authorized for Angel Island. In 1961, the new Hall of Justice at 850 Bryant St. was opened.

2 In 1873, Andrew S. Hallidie operated the first of his cable cars down the steep Clay St. hill, completing the six-block trial run between Jones and Kearney Sts. In 1923, President Warren G. Harding, having become ill at Grants Pass, Oregon during a tour of the western United States, died at the Palace Hotel.

3 In 1859, the S.F. Evening Picayune, the first evening newspaper on the Pacific Coast, commenced publication by Dr. J.H. Gihon & Co. at six cents an issue.

6 In 1866, an eight-hour work day was demanded by striking City plasterers.

8 In 1870, a contract for a preliminary topographical survey was awarded to W.H. Hall in the designing of Golden Gate Park.

10 In 1973, the first BART train traveled through the transbay tube under the S.F. Bay to the new subway station at Montgomery St.

11 In 1930, a minimum clearance of 220 feet was established by the War Dept. for mid-

span construction of the Golden Gate Bridge, with clearance at both piers set at 210 feet.

15 In 1901, 30 tons of explosives destroyed the hazardous Arch Rock situated in S.F. Bay. In 1914, Muni began operating streetcars on its new H. Van Ness route, later to become the 47 Potrero.

16 In 1860, 60 acres of Lone Mountain were purchased by Archbishop Joseph Alemany to become part of the Calvary Cemetery, consecrated two years later on August 17.

18 In 1856, the Vigilance Committee held a large general review and parade to mark suspension of its operations. More than 3,000 men had served in its forces. In 1903, the maiden flight of Dr. A. Grahams' experimental dirigible was made over the City.

20 In 1956, the Republican National Convention opened at the Cow Palace, soon to again nominate President Dwight D. Eisenhower and Vice President Richard M. Nixon for eventual victories in the November election.

22 In 1869, the City's first railroad freight, a varied assortment of footwear, arrived from Boston in just 16 days. In 1899, the first wireless telegraph transmission to be received in the U.S. was sent from the S.F. lightship to a station inside the Cliff House.

24 In 1893, ground was broken for the S.F. Mid Winter Fair in Golden Gate Park.

29 In 1914, the Arizona became the first ship to arrive in S.F. Bay via the newly completed Panama Canal. In 1954, the reconstructed S.F. International Airport was opened.

12 Veteran actor Jesse White began sitting around in boredom as this spokesperson.

13 They won the World Series.

14 Place where young people flocked during the *Summer of Love*.

15 On Jan. 27, a fire accidentally kills the crew of this spacecraft.

16 Host city for *Expo 67*.

17 First use of this automotive feature.

18 And first appearance of these young people.

A Haight-Ashbury

B Up-Up and Away

C Smothers Brothers

D Hippies

E Green Bay Packers

F Montreal

G Rolling Stone

H Fresca

I Monterey Pop Festival

J Maytag repairman

K St. Louis Cardinals

L The Dirty Dozen

M Human heart

N Apollo 1

O A Man for All Seasons

P Washer-wiper

Q Ironside

R The Beatles

13-K, 14-A, 15-N, 16-F, 17-P, 18-D

Answers: 1-M, 2-G, 3-B, 4-R, 5-O

Grapevine Puzzler

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McKinley

Logan

Citlaltepec

St. Elias

Popocatepetl

Foraker

Iztaccihuatl

Lucania

King

Steele

Bona

Blackburn

Kennedy

Sanford

South Buttress

Wood

Vancouver

Churchill

Fairweather

Zinantecatl

Hubbard

Bear

Walsh

East Buttress

Matlalcueyatl

Hunter

Alverstone

Browne Tower

Whitney

Elbert

Massive

Harvard

Rainer

Williamson

Blanca Peak

La Plata

Uncompahgre

Crestone

Lincoln

Grays Peak

Antero

Torres

Castle

Quandary

Evans

Longs Peak

McArthur

North American Mountains

Wilson

White

North Palisade

Shavano

Belford

Princeton

Crestone Needle

Yale

Bross

Kit Carson

Wrangell

Shasta

Sill

El Diente

Maroon

Tabeguache

Offord

Sneffels

Point Success

Democrat

Capitol

Liberty Cap

Pikes Peak

Snowmass

Windom

Russell

Eolus

Columbia

Augusta

Missouri

Humboldt

or further hours-reduced branch libraries, all locations, including Visitacion Valley branch, remained at their present operating levels

*San Francisco League of Urban Gardeners (SLUG) conducted a free Home Composting Neighborhood Workshop at Visitacion Valley Community Center (VVCC) in mid-August.

*Jobs were available for weekend projects starting in August for landscaping and tree planting at various locations in the area covered by the El Dorado School Neighborhood Betterment Council.

*Koyuse Campfire Club moved to VVCC on July 26.

*A new program called *The Club* for youth 11-13 began on July 26 at VVCC

Visitacion Valley Grapevine
can be found on the Internet at
<http://home.earthlink.net/~visvalley>

FIVE YEARS AGO IN THE GRAPEVINE

AUGUST 1993

*Preliminary plans to expand the Southeast Community Hazardous Waste Collection Facility had some Valley residents concerned over site improvements presented by the Planning Commission's advisory panel at a July 6 meeting.

*In light of recent tenant evictions and structural renovations taking place at Geneva Towers, *Homes Not Jails First Notion* and the Geneva Towers Tenants Association began a vigil at the site July 21 to protest what they claimed were unreasonable living conditions.

*After months of anticipated closed

GRAPEVINE BY MAIL

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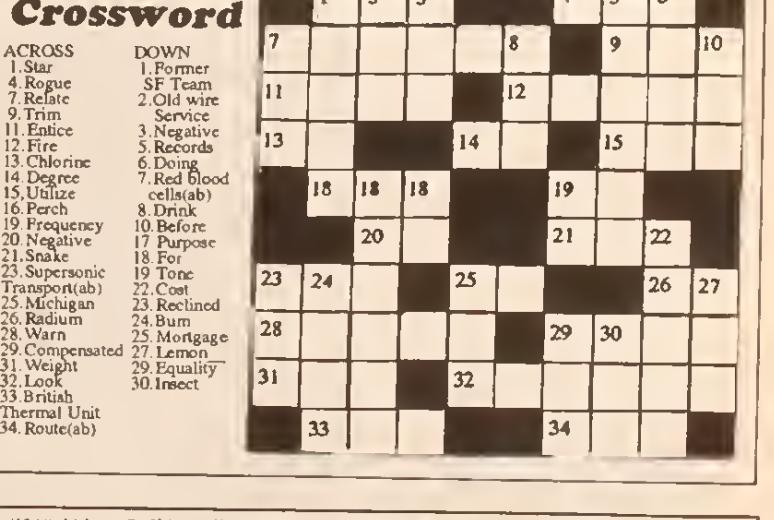
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94134

Grapevine Crossword



Famous Birthdays

AUGUST

1 Robert Gray (195

August/September 1998

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	11:30a Senior Shopping	12:30p Senior Bingo	10:30a Senior Crafts	9a-3p Sewing Class	14:0a Friends McLaren Pk 15	
	11a Senior Council Meets	5:30-6:30p GVDC Board M	6p Exec Pk Advisory Comm			
	9:30a-4p Senior Ceramics					
	4:30p Sunnydale Tenants					
	7p Eldorado NBC Meeting					
	11:30a Senior Shopping	12:30p Senior Bingo	10:30a Senior Crafts	9a-3p Sewing Class	10:30a W Task Force	
	9:30a-4p Senior Ceramics		20	9a-3p Sewing Class		
	3:30p VNH Hood Coll Meets			9a USDA Food Day at VCC		
	11:30a Senior Shopping	12:30p Senior Bingo	10:30a Senior Crafts	9a-3p Sewing Class	28	29
	9:30a-4p Senior Ceramics		26	9a-3p Sewing Class		
	4p VVCC Board Meeting			27		
	Kiss and Make Up Day					
	11:30a Senior Shopping	12:30p Senior Bingo	10:30a Senior Crafts	9a-3p Sewing Class	4	5
	9:30a-4p Senior Ceramics		2	9a-3p Sewing Class		
	7:1a Senior Council Meet	8:30p Senior Bingo	9:30a-4p Senior Ceramics	10		
	4:30p Sunnydale Tenants					
	7p Eldorado NBC Meeting					

Grapevine Mailbox

From Page 2

Opinions Sought About Assistance Program for Low Income Residents

Following is a letter sent July 28, 1998 to Representative Nancy Pelosi concerning a program to assist mothers with an in-house job search.

To: Nancy Pelosi

My name is Joann Sereal and I have E-mailed, faxed and written to many staff members in the housing authority office with no avail. I never received an answer from anyone and I am well aware that my E-mails and my faxes were successfully sent. So I have been

wondering what happened to all that paper I sent to them.

Well, maybe I should tell what I am trying to offer in the form of services to mothers that cannot afford child care and really just don't know what they're good at. I have been interested in assisting the housing project tenants (those who want it). I am aware that there are programs out there, but how does the information get to the tenants and what efforts are taken getting this

information out? I have been told that there are a lot of places that will employ low income residents. But most of our low income housing residents don't possess a high school diploma or a GED, so that's where I would like to start with the tenants.

My idea is to assist the mother in working towards getting a GED, resume assistance, job training and maybe become a liaison between some of the temporary agencies. So I am writing you because I have need of another opinion about my program.

Thank you for your time,
Mrs. Joann Sereal

Extra Copies Still Available of Grapevine Implosion Edition

Extra Copies of the June 1998 Visitacion Valley Grapevine chronicling the historic May 16 implosion of Geveva Towers are still available. By mail they are 75 cents each or two for \$1 while the supply lasts. Send to: Grapevine, 50 Raymond Ave., San Francisco, CA 94134

VISITACION VALLEY GRAPEVINE - AUGUST 1998 - 7

Praise for Peanut Products

When was the last time you had a peanut butter and jelly sandwich? You may have been one of those children who ate those sandwiches almost every day of childhood. Yet, many adults stay away from peanut butter, a handful of peanuts at a party or peanut oil in a salad dressing because of fears of dietary fat levels. Now, new research released in April 1998 at the Experimental Biology '98 meeting in San Francisco shows it may actually be beneficial to your heart health to add these items to the diet.

The researchers found that diets containing peanuts, peanut butter or peanut oil are as effective as diets high in olive oil in protecting against heart disease. In fact, the results indicated diets containing peanut products are more effective in protecting against heart disease than are very low-fat diets.

A total of 22 healthy men and women ages 21-54—many of whom had slightly elevated blood cholesterol levels at the beginning of the study—participated in the research. Each participant was randomized into one of five diets: low-fat, olive oil, peanuts, plus peanut butter, peanut oil and a typical American diet with 35 percent fat. All the participants were studied for a total of 125 days—25 days on each diet—and they maintained their starting weight.

The peanut diets had relatively small amounts of peanut products but they were consumed daily, for instance, peanuts as a snack or some peanut butter on a bagel for breakfast.

Those who were randomized to the peanut, peanut butter and olive oil diets all had lower total and LDL ("bad") cholesterol and triglyceride levels, yet their HDL ("good") cholesterol levels were not lowered. The participants on the low-fat diet had lower LDL levels, but also lower HDL levels and increased triglycerides.

To Advertise in the Grapevine

Display: Full Page: \$150; 1/2 Page: \$80; 1/4 Page: \$45; 1/8 Page: \$25; 1/12 Page: \$15.

Want-Ads (Private Party): 20 words for \$1. Extra line 50 cents.

Mail ad and payment by 25th of month to: Visitacion Valley Grapevine, 50 Raymond Ave., San Francisco, CA 94134

"These findings offer consumers another food option for increasing monounsaturated fats in the diet and adding variety, flexibility and eating satisfaction to diet planning," commented Penny Kins-Etherton, Ph.D., R.D. Professor of Nutrition at the Pennsylvania State University and one of the study's researchers.

The ongoing Nurses' Health Study from Harvard University also reported that peanuts may reduce the risk of heart disease, confirming previous research from Loma Linda University. Nevertheless, more research is necessary to determine if the positive effects from the peanut products go beyond beneficial fatty acids. The researchers speculated that antioxidant vitamin E, folic acid, phytochemicals, fiber, minerals and plant protein contained in peanut products may have all contributed to heart disease protection.

-International Food Information Council

Recipe of the Month

WHOLE WHEAT COOKIES

1 cup all purpose flour; 1 cup whole wheat flour; 1 tsp. baking powder; 1/2 tsp. ground cinnamon; 1/2 tsp. salt; 1/2 cup margarine; 1/2 cup brown sugar; 1 medium egg; 1 tsp. vanilla.

In a small bowl, combine flours, baking powder, cinnamon and salt.

In a large bowl with mixer at medium speed, beat margarine and brown sugar until well blended. Beat in egg and vanilla. With mixer at low speed, gradually beat in flour mixture until well blended.

Wrap dough in plastic wrap or waxed paper; refrigerate at least 1 hour.

On floured pastry cloth with floured rolling pin, roll out dough, 1/3 at a time, to 1/8 inch thickness. Dip heart cookie cutters into flour.

Place cookies on ungreased cookie sheets. Bake in preheated oven 350 degrees according to the following times or until lightly browned around edges.

Remove and cool on wire rack. Decorate as desired.

Yields 36 cookies.

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The Rev. Dr. Jerry O. Resus, Minister

Church School Classes - 9:15 a.m.
Sunday Worship Service - 10:30 a.m.
Wednesday Bible Study - 11:00 a.m.
Friday Cottage Bible Fellowship - 7:30 p.m.
Saturday Choir Rehearsal - 10:00 a.m.

YOU are cordially welcome to join us for study, worship, fellowship and service. We seek to teach the Bible and to lift up Jesus Christ so He can draw all persons to Himself.

COME TO CHURCH THIS WEEK

Visitacion Valley Business Directory

Visitacion Valley businesses and organizations are listed here free. Call the Grapevine at 467-9300

A & T & B MARKET (produce, grocery), 2400 Bayshore Blvd., 586-4851

ABLE'S CASA (boarding house), 850 Rutland St., 333-4664, fax 333-4693

ANGEL COIFFURES (beautician), 5 Leland Ave., 239-9891

ARMANDO'S SHOE REPAIR (Armando Rosignuolo), 156A Leland Ave., 239-7216

BANK OF AMERICA, 6 Leland Ave., 622-4501

BAYSHORE GAS & SERVICE (gas and mechanic), 2260 Bayshore Blvd., 467-8130

BAYSHORE SERVICE (mechanic) 2596 Bayshore Blvd., 239-7450

CHARLIE'S GARAGE (Charlie Awegh), 2550 Bayshore Blvd., 239-7450

CHURCH OF THE VISITACION, 655 Sunnydale Ave., (239-7450)

CITY WASH INTERNATIONAL, 83 Leland Ave., 333-9467

LITTLE QUIAPO BAKE SHOP, 169 Leland Ave., 239-2253

LITTLE VILLAGE MARKET, 1450 Sunnydale Ave., 586-1815

LUAN FAT BAKERY, 110 Leland Ave., 585-1167

MAY MAY BEAUTY SALON, 60 Leland Ave., 337-9381

M & M'SHORTSTOP (grocery), 2145 Geneva Ave., 585-0878

MC CALL'S HAIR STYLING, 3585 San Bruno Ave., 467-7319

MIZ RENA'S SALON, 19 Blanken Ave., 467-3399

M-3 LOCKSMITH, 200 Leland Ave., 587-8403

NAILS BY JENNY (manicurist), 50 Leland Ave., 333-6800

NATIONWIDE PAPER COMPANY, 345 Scherwin St., 586-9160

A NEW START HAIR STUDIO (Joyce Hollins), 224 Leland Ave., 584-3077

OLIVIA'S PLACE (tavern), 2600 Bayshore Blvd., 239-7711

PACIFIC FISH & POULTRY, 2155 Bayshore Blvd., 468-6800

PICCOLO PETE (deli), 2155 Bayshore Blvd., 468-6800

PORTOLA FOOT & ANKLE CLINIC (Dr. Divyang Patel) 2858 San Bruno Ave., 467-7500

REOGE VIEW UNITEO METHODIST CHURCH, 590 Leland Ave., 239-5457

ROYAL PACIFIC MORTGAGE (financing), 46 Leland Ave., 333-4900

RUSSIA HOUSE (restaurant), 2011 Bayshore Blvd., 467-0252

ST. JAMES PRESBYTERIAN CHURCH, 240 Leland Ave., 586-6381

FAMILY SUPPORT CENTER, 251 Scherwin St., 469-2120

FIJUANA MARKET, 400 Wilde St., 467-2034

FIVE MILE MARKET, 3574 San Bruno Ave., 467-7300

FORTY-NINER CLEANERS (David Chan), 81 Leland Ave., 239-6418

G & L BAKERY AND RESTAURANT, 198 Leland Ave., 239-6283

GAMMS TRAVEL SERVICE, 34 Leland Ave., 333-9282

GIRLS AFTER SCHOOL ACADEMY, 1652 Sunnydale Ave., 584-4044

HAWKINS VILLAGE MEDICAL CLINIC (Dept. of Public Health), 333 Scherwin St., Appointments 715-0310

HO'S DRAPERY COMPANY, 3550 San Bruno Ave., 468-4053

SAN ON HERBS, 33-A Leland Ave 333-7469

SARI-SARI FOOD STORE, 38 Leland Ave., 239-7183

HENRY SCHINOEL (realtor), 239-5850

SCHLAGE LOCK (manufacturer), 2401 Bayshore Blvd., 467-1100

SHIREL'S GROCERY & FLOWERS, 1401 Visitacion Ave.

SHIREL'S SOUL FOOD, 107 Leland Ave., 239-5141

THE SHDP (J.B., barber), 178 Leland Ave., 239-6709

View of Filipino Life in the Bay Area During 1950s Opens at Public Library

The San Francisco Public Library is proud to present *Through My Father's Eyes: Pioneers of the San Francisco Filipino American Community*, an exhibition of black and white photographs by Ricardo Alvarado (1914-1976). The exhibition portraying Filipino life during the 1950s in the Bay Area will be on display Sept. 9 through Nov. 20, 1998 in the Jewett Gallery located at the Main Library at 100 Larkin St.

Through My Father's Eyes documents life in San Francisco and the surrounding rural farm areas during the 1950s. It shows how Filipinos both maintained their cultural heritage and participated as members of the broader community to build their lives in the City. Views of areas such as South Park, Manilatown, South of Market, the Fillmore, North Beach and Nob Hill where manongs (elders) came during the off-season to work as cooks, servants, dishwashers, bellhops and warehousemen, are featured in the exhibition.

Presented in conjunction with the Alvarado Project, Kearny Street Workshop and the Filipino American National Historical Society, this show offers library patrons a visual tour of San Francisco street scenes, the Farmers' Market, migrant farm scenes, Filipino owned businesses and Community Hall events as they were in the 1950s. There will be an emphasis on portraying the cross-cultural exchange of gatherings in the City's diverse ethnic communities—African American, Latino American and Filipino American musicians, workers and friends.

Ricardo Alvarado was an immigrant who arrived in California from the Philippines in 1928 as part of the first wave

of immigrants known as the Manong generation. He made his living as a janitor and a servant until 1942, just after Pearl Harbor. Like many young Pinoys (Filipinos in America), he joined the famed First Filipino Infantry Regiment, United States Army, which saw action throughout the Pacific. During the war, Alvarado served in combat as a medical technician, later, he signed up for reserve duty for an additional four years. In 1948, upon discharge, he returned to San Francisco and worked as a cook at the Letterman Army Hospital at the San Francisco Presidio.

Alvarado's career at Letterman Hospital sustained his avid interest in photography. Although little known as a photographer, his passion for the medium as an art form and his eye for capturing the true spirit of his subjects, led to the creation of nearly 3,000 rare historical photographs. The selection of approximately 50 works in *Through My Father's Eyes*, assembled by Janet Alvarado (daughter of Mr. Alvarado) reveal the hope, dignity, joy, grief, hardships and respect that these subjects experienced during the 1950s. During the run of this exhibition, an adjunct display of artifacts from Mr. Alvarado's estate, will be shown simultaneously in the San Francisco Public Library's Filipino American Center, located on the Third Floor of the Main Library. An opening reception for *Through My*

Father's Eyes will take place on Wednesday, Sept. 9, from 5:30 to 7:30 p.m. in the Latino/Hispanic Meeting Room with complimentary food, drink and music. All programs at the Library are free.

On Saturday, Sept. 19, there will be an afternoon symposium entitled *Out*

of the 1940s and 1950s: Filipino Views and Voices from 12 noon to 4:45 p.m. in the Koret Auditorium at the Main Library. Light refreshments will follow the discussion. There will also be a lecture, *Revisiting the Pinoy Past* on Thursday, Oct. 8, 5:30 to 7:30 p.m. Call 557-4277 for more information.

Crisis Line Volunteers Needed for Suicide Prevention

Are you a good listener? Caring? Supportive? Understanding? Do you want a real challenge? Do you need or want counseling skills? If so, then San Francisco Suicide Prevention needs your help.

Volunteers are needed to provide emotional support in a non-judgmental manner, to provide crisis management, and to provide information and

referrals when appropriate. Extensive training is provided. The next training class will begin Sept. 19, 1998.

Join and be part of a San Francisco tradition. Please call (415) 984-1900 immediately for an application packet or more information.

Suicide doesn't have to happen. Be more than a friend—be a San Francisco Suicide Prevention volunteer!

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Crossword Solution
From Page 6

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